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OF THE CROSS  
RECONCILIATION  
TORCHLIGHT  
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ST BERNADETTE  
CATECHESIS  
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MASS  
BLESSED  
SACRAMENT  
FOOD  
FELLOWSHIP  
CELEBRATION  
COMMUNITY  
CONVERSATION  
HEALING  
MUSIC  
PRAYER  
FRIENDSHIP



DNA NIVVM  
ORA PRO NOBIS



# LOURDES JULY 2021

led by Bishop Philip Egan

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A typical day on pilgrimage begins with breakfast and morning prayer, followed by Mass. As a young helper your input is critical, not only in supporting our assisted pilgrims, but setting up spaces and even leading activities.

Activities which explore Lourdes, spirituality and our relationships with each other take place morning and afternoon, with opportunity for deeper encounter in the evenings; responding to Our Lady's call to come in procession, to adore, and to seek healing.



## Service

Supporting the sick and less able by pushing wheelchairs, assisting at mealtimes, offering an arm and an ear of support.

Serving in Lourdes not only brings you a great sense of joy and fulfilment, but enables everyone to have a life-changing pilgrimage experience.

## Spirit

Seeking Jesus hand in hand with Mary is at the heart of our pilgrimage. We place the Eucharist at the centre of our experience in Mass and in Adoration.

Lourdes is a place where Our Lady reaches out to us, helping us to seek God's mercy - because no sin is greater than His grace.

## Social

The best way to start your summer, whether it's a break from work or to celebrate the end of exams.

Anyone who's been to Lourdes will tell you about all the incredible people they met and lasting friendships that began.



Inspiring catechesis for all ages is interspersed throughout the programme. A daily Holy Hour is available, where God calls our new understanding to action through His presence.





DIOCESE OF PORTSMOUTH

LOURDES 2019



"GCSEs had taken up so much of my life over the past few months, so going to Lourdes with my brother seemed like a good idea for a holiday. When I was there I found so much more meaning in my faith and I'm looking forward to going back again."

"I didn't know what to expect before going to Lourdes, and I wasn't sure if I really wanted to go at all. I ended up having an amazing time with people I'd never met before from the diocese and the USA. A highlight for me was the party on the last night on the hotel terrace!"



**CATENIAN**  
BURSARY FUND

Discretionary bursaries are available from the Catenians to young people who wish to serve in Lourdes.

You must be aged between your 16th and 25th birthday, or are in year 11 and become 16 by 31st August in the pilgrimage year.

To begin your application please email [youth@portsmouthdiocese.org.uk](mailto:youth@portsmouthdiocese.org.uk)

*"To go on pilgrimage really means to step out of ourselves in order to encounter God where he has revealed himself. where his grace has shone with particular splendour and produced rich fruits of conversion and holiness among those who believe"*  
- Pope Benedict XVI

**£545**  
**19 - 23 JULY**

Essential training:  
**TBC**

Inclusive of travel, shared room (full board) in Hotel La Solitude, travel insurance, two polo-shirts and a hoodie. Excludes meals during travel.

Information herein applies to young people only. Adult pilgrim information from info on brochure front.

Return flights, Bournemouth to Lourdes-Tarbes.